

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:30- Strength Training 2:00- Create-A-Story 3:00- Social Club 4:00- Active Games Happy Birthday Forrest S	1 10:30- Strength Training 2:00- Create-A-Story 3:00- Social Club 4:00- Active Games Happy Birthday Forrest S	2 10:30- Exercise 2:00- Groundhog Day Trivia 3:00- Afternoon Snack Group 4:00- Bowling <small>Groundhog Day</small>	3 10:30- Chair Yoga 2:00- Balloon Volleyball 3:00- Fun & Snack 4:00- Relaxation	4 10:30- Stretching 2:00- BINGO 3:00- Happy Hour 4:00-Household Helpers	5 10:30- Parachute Fun 1:30- Art Studio Visits-AR 3:00- Mix-n-Mingle 4:00-Fancy Fingers	6 4:00- Afternoon Fun
7 7:30-5 th Sunday of Epiphany Worship 2:00-Sunday Coffee and Special Entertainment Dave Malam-GS	8 10:30- Scarf Exercise 2:00- Recipe Round-up 3:00- Social Club 4:00- Active Games	9 10:30- Exercise 2:00- Funny Bones Don't Have Arthritis 3:00- Afternoon Snack Group 4:00- Ring Toss Games	10 10:30- Mind & Body 2:00- Table Tennis 3:00- Fun & Snack 4:00- Hand & Neck Massages	11 10:30- Rise-n-Shine 2:00- BINGO 2:00- Resident Birthday Bash- GS 3:00- Happy Hour 4:00-Handyman Corner	12 10:30- Kickball 2:00-Travel Adventures 4:00-Valentine's Day Party	13 4:00- Afternoon Fun
14 7:30- Transfiguration Sunday Worship 2:00-Sunday Coffee and Special Entertainment Denise Hull Piano Studio-GS <small>Valentine's Day Chinese New Year</small>	15 10:30- Strength Training 2:00- Presidential Trivia 3:00- Social Club 4:00- Active Games <small>Presidents' Day</small>	16 10:30- Exercise 2:00- Creative Crafts 3:00- Afternoon Snack Group 4:00- Bowling <small>Mardi Gras</small>	17 10:30- Chair Yoga 2:00-Balloon Volleyball 3:00-Fun & Snack 4:15- Ash Wednesday Worship Happy Birthday Irene N.	18 10:30- Stretching 2:00-BINGO 3:00- Happy Hour 4:00-Household Helpers	19 10:30- Parachute Fun 1:30- Art Studio Visits-AR 3:00- Mix-n-Mingle 4:00-Fancy Fingers	20 4:00- Afternoon Fun
21 7:30- 1 st Sunday in Lent Worship 2:00- Sunday Coffee and Special Entertainment Johnson Family Strings-GS	22 10:30- Scarf Exercise 2:00- Recipe Round-up 3:00- Social Club 4:00- Active Games	23 10:30- Exercise 1:30- DNR- Bald Eagle Presentation-GS 2:00- Funny Bones Don't Have Arthritis 3:00- Afternoon Snack Group 4:00- Ring Toss Games	24 10:30- Mind & Body 2:00- Table Tennis 3:00-Fun & Snack 4:15- Lenten Worship	25 10:30- Rise-n-Shine 2:00- BINGO 3:00- Happy Hour 4:00-Handyman Corner	26 10:30- Kickball 2:00-Travel Adventures 3:00- Mix-n-Mingle 4:00- Friday Fun Happy Birthday Hiltrude G. & Millie M.	27 4:00- Afternoon Fun
28 7:30- 2 nd Sunday in Lent Worship 2:00- Sunday Coffee and Special Entertainment John Colorado-GS	 <h1>February 2010</h1> <h2>Evergreen Arbor Activity Calendar</h2> 					

GS- Good Shepherd Chapel AR-2nd Floor Activity Room All activities are subject to change,